

PLANO DE ENSINO

CURSO:	Mestrado em Administração
DISCIPLINA:	Saúde Mental e Trabalho
CARGA HORÁRIA:	30 horas
DOCENTE:	
EMENTA:	
Saúde mental e trabalho. O trabalho e suas implicações para a saúde mental dos indivíduos. Prazer e sofrimento no trabalho. Estresse ocupacional. Síndrome de Burnout. Assédio moral e suas implicações na saúde mental e no contexto das organizações.	
BIBLIOGRAFIA:	
Bibliografia Básica:	
1. DEJOURS, C. Psicodinâmica do trabalho: Casos clínicos. São Paulo: Dublinense, 2017. 2. GIDDENS, K. S. M.; KELLY-CAMPBELL, R. J.; NÄSWALL, K. Compassion Satisfaction, Occupational Stress, Burnout Syndrome, and Resilience Among Experienced Audiologists. American Journal of Audiology, v.31, n.4, p.1078-1087, 2022. 3. MASLACH, C., & LEITER, M. P. Understanding the burnout experience: Recent research and its implications for psychiatry. World Psychiatry, 15(2), 103-111, 2016. https://doi.org/10.1002/wps.20311 4. SOUSA DUARTE, F., SILVA, S., MARTÍNEZ, M. J., & MENDES, A. M. Da Psicodinâmica à Psicopatologia do Trabalho no Brasil: (In)Definições e Possibilidades. Psicologia Em Estudo, 27, 2022. https://doi.org/10.4025/psicolestud.v27i0.48172	
Bibliografia Complementar:	
5. ANGELINI, G. Big five model personality traits and job burnout: A systematic literature review. BMC Psychology, 11, 49, 2023. https://doi.org/10.1186/s40359-023-01008-2 6. CAMPOS, F. M., et al. Estresse ocupacional e saúde mental no trabalho em saúde: Desigualdades de gênero e raça. Cadernos Saúde Coletiva, 28, 579-589, 2020. https://doi.org/10.1590/1414-462X202028030417 7. CAVALLARI, J. M., et al. Impact of work schedule characteristics on teacher mental health and burnout symptoms while remote working. American Journal of Industrial Medicine, 66(10), 884-896, 2023. https://doi.org/10.1002/ajim.23492. 8. CLOT, Y. A função psicológica do trabalho. São Paulo: Editora Vozes, 2007. 9. DEJOURS, C. A loucura do trabalho: estudo de psicopatologia do trabalho. 5. Ed. São Paulo: Cortez, 1992.	

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11. GIDDENS, K. S. M., KELLY-CAMPBELL, R. J., & NÄSWALL, K. Compassion satisfaction, occupational stress, burnout syndrome, and resilience among experienced audiologists. **American Journal of Audiology**, 31(4), 1078-1087, 2022. https://doi.org/10.1044/2022_AJA-22-00053
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