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| **CURSO:** | **Mestrado em Administração** |
| **DISCIPLINA:** | Saúde Mental e Trabalho |
| **CARGA HORÁRIA:** | 30 horas |
| **DOCENTE:** |  |
| **EMENTA:** | |
| Saúde mental e trabalho. O trabalho e suas implicações para a saúde mental dos indivíduos. Prazer e sofrimento no trabalho. Estresse ocupacional. Síndrome de Burnout. Assédio moral e suas implicações na saúde mental e no contexto das organizações. | |
| **BIBLIOGRAFIA:** | |
| **Bibliografia Básica:**   1. DEJOURS, C. **Psicodinâmica do trabalho: Casos clínicos**. São Paulo: Dublinense, 2017. 2. GIDDENS, K. S. M.; KELLY-CAMPBELL, R. J.; NÄSWALL, K. Compassion Satisfaction, Occupational Stress, Burnout Syndrome, and Resilience Among Experienced Audiologists. **American Journal of Audiology**, v.31, n.4, p.1078-1087, 2022. 3. MASLACH, C., & LEITER, M. P. Understanding the burnout experience: Recent research and its implications for psychiatry. **World Psychiatry**, 15(2), 103-111, 2016. https://doi.org/10.1002/wps.20311 4. SOUSA DUARTE, F., SILVA, S., MARTÍNEZ, M. J., & MENDES, A. M. Da Psicodinâmica à Psicopatologia do Trabalho no Brasil: (In)Definições e Possibilidades. **Psicologia Em Estudo**, 27, 2022. https://doi.org/10.4025/psicolestud.v27i0.48172   **Bibliografia Complementar:**   1. ANGELINI, G. Big five model personality traits and job burnout: A systematic literature review. **BMC Psychology***, 11*, 49, 2023. https://doi.org/10.1186/s40359-023-01008-2 2. CAMPOS, F. M., et al. Estresse ocupacional e saúde mental no trabalho em saúde: Desigualdades de gênero e raça. **Cadernos Saúde Coletiva**, 28, 579-589, 2020. https://doi.org/10.1590/1414-462X202028030417 3. CAVALLARI, J. M., et al. Impact of work schedule characteristics on teacher mental health and burnout symptoms while remote working. **American Journal of Industrial Medicine***, 66*(10), 884-896, 2023. https://doi.org/10.1002/ajim.23492. 4. CLOT, Y. **A função psicológica do trabalho**. São Paulo: Editora Vozes, 2007. 5. DEJOURS, C. **A loucura do trabalho:** **estudo de psicopatologia do trabalho**. 5. Ed. São Paulo: Cortez, 1992. 6. FIGUEIREDO, L., et al. Adoecimento psíquico no trabalho. **Revista Estudos e Negócios Academics**, 2(4), 94-100, 2022. https://doi.org/10.5935/2594-4123.20220021 7. GIDDENS, K. S. M., KELLY-CAMPBELL, R. J., & NÄSWALL, K. Compassion satisfaction, occupational stress, burnout syndrome, and resilience among experienced audiologists. ***A*merican Journal of Audiology**, 31(4), 1078-1087, 2022. https://doi.org/10.1044/2022\_AJA-22-00053 8. HASTUTI, R., & TIMMING, A. R. An inter-disciplinary review of the literature on mental illness disclosure in the workplace: Implications for human resource management. **The International Journal of Human Resource Management**, 31(15), 3302-3338, 2021. https://doi.org/10.1080/09585192.2021.1913143 9. JIMÉNEZ-ORTIZ, J. L., et al. Emotional exhaustion, burnout, and perceived stress in dental students. **Journal of International Medical Research**, *47*(9), 4251-4259, 2019. https://doi.org/10.1177/0305735619877562 10. LIPPERT, J. F.; FURNARI, M. B; KRIEBEL, C. W. The impact of the covid-19 pandemic on occupational stress in restaurant work: A qualitative study. **International Journal of Environmental Research and Public Health**, v.18, n.19, 2021. 11. MENSAH, A., et al. Workplace gender harassment, illegitimate tasks, and poor mental health: Hypothesized associations in a Swedish cohort. ***Social Science & Medicine****, 315*, 114548, 2022. https://doi.org/10.1016/j.socscimed.2022.114548 12. MASLACH, C.; JACKSON, S. E.; LEITER, M. P. **Maslach burnout inventory**. Scarecrow Education, 1997. 13. ORUH, E. S., & DIBIA, C. Employee stress and the implication of high-power distance culture: Empirical evidence from Nigeria's employment terrain. **Employee Relations: The International Journal***, 42*(6), 1381-1400, 2020. https://doi.org/10.1108/ER-03-2020-0080 14. PAIVA, K. C. M., TORRES, T. P. R., PEREIRA, J. R., & SILVEIRA, V. N. S. *Burnout* and retaliatory attitudes: A study with young Brazilian workers. **Tourism & Management Studies**, *14*(4), 72-83, 2018. https://doi.org/10.18089/tms.2018.14406 15. SELYE, H. **Stress without distress**.New York: The New American Library, 1975. 16. SOMMERFELDT, E. J.; KENT, M. L. Public relations as “dirty work”: Disconfirmation, cognitive dissonance, and emotional labor among public relations professors. **Public Relations Review**, v.46, n.4, 2020. 17. WU, A., ROEMER, E. C., KENT, K. B., BALLARD, D. W., & GOETZEL, R. Z. Organizational best practices supporting mental health in the workplace. ***Journal of Occupational and Environmental Medicine****, 63*(12), 983-990, 2021. https://doi.org/10.1097/JOM.0000000000002301 | |